Endorsed by

THE SHOULDER COURSE IN DUBAI

6TH

23-25 October 2026

Raffles Dubai, Wafi
United Arab Emirates

21 CPD credit points by: DUBAI HEALTH AUTHORITY

Physiotherapy Course 6.5 CPD credit points by: DUBAI HEALTH AUTHORITY

Agenda

Day 1 | Friday, Oct 23, 2026 | Raffles Ballroom

Time	Activity	Faculty
07:30 - 07:55	Registration	
07:55 - 08:00	Opening Remarks	
08:00 - 09:00	**Session 1: Updates on proximal humerus fracture part 1**	
	Moderators: Abdulillah Hachem & Ahmed Kandil	
08:00 - 08:10	How to assess bone quality prior to surgery ?	Ali Maqdes
08:10 - 08:20	Treatment Algorithm for proximal humerus fracture	Saeed Al Thani
08:20 - 08:30	How i treat glenoid fractures - when to operate and how i do it	Raid Abu Talib
08:30 - 08:40	ORIF with plate – why I prefer ?	Nasser Al Nusif
08:40 - 08:50	Tips and tricks to optimize fixation technique with plate	Markus Schiebel
08:50 - 09:00	Q&A	
09:00 - 09:30	Special guest lecture: Proximal humerus fracture treatment – are we on the wrong path?	Stig Brorson
09:30 - 10:30	**Session 2: Updates on proximal humerus fracture part 2**	
	Moderators: Tjarco Alta & Ahmed Issa	
09:30 - 09:40	Is there a role for hemi arthroplasty in PHF's ?	Khaled Shohayeb
09:40 - 09:50	Tuberosity fixation technique - does implant design change healing rates ?	Abdulillah Hachem
09:50 - 10:00	Results of reverse shoulder replacement in 80 year old patients	Hasan Baydoun
10:00 - 10:10	How to manage tuberosity osteolysis after failed fixation ?	Bradley Schoch
10:10 - 10:20	When do i add tendon transfer to my failed fixation ?	Abdulillah Hachem
10:20 - 10:30	Q&A	
	Industry Symposium 1 - Non-CME	Smith+Nephew
10:30 - 10:50	Redefining Arthroscopic Instability Repair	Diego Valdez
10:50 - 11:05	Coffee Break	
11:05 - 12:15	**Session 3: Updates of Acromio clavicular joint and Sterno-clavicular joint pathology**	
	Moderators: Bhuvan Machani & Ahmed Hany Khater	
11:05 - 11:15	Anatomy of the Acromioclavicular & Sternoclavicular joint revisted	Ashraf Hantouly
11:15 - 11:25	Updates on classifying ACJ injuries	Kerem Bilsel
11:25 - 11:35	How to deal with Acute acromioclavicular joint dislocations - My technique	Raul Barco Laakso
11:35 - 11:45	Chronic ACJ dislocations - my preferred technique and results	Tjarco Alta
11:45 - 11:55	Instability of the Sterno-clavicular joint - treatment options	Matthew Provencher
11:55 - 12:05	Scapular body fractures - when to operate	Ahmed Kandil
12:05 - 12:15	Q&A	
	Industry Symposium 2 - Non-CME	ConMed
12:15 - 12:35	BioBrace Yourself for the Future of Soft Tissue Repair	Hasan Baydoun
12:35 - 14:00	Friday prayer and Lunch break	
14:00 - 14:50	**Short Re-live videos**	
	Moderators: Kerem Bilsel & Azzam Fayyad	
14:00 - 14:10	Arthroscopic bankart repair and Hills Sachs remplissage - my technique	Bhuvan Machani
14:10 - 14:20	When and how i release the suprascapular nerve	Hatem G. Said
14:20 - 14:30	Transosseus rotator cuff repair	Mohammed Sobhy
14:30 - 14:40	Subpectoral biceps tenodesis	Christain Lozano
14:40 - 14:50	Q&A	
14:50 - 15:10	(Live Surgery) - Instability Case	Usama Saleh & Hasan Baydoun
	Moderators: Ali Maqdes & Hatem G. Said	
15:10 - 15:20	Re-live surgery (How i do it), Rimblassauge Procedure	Amr Elmaraghy
15:20 - 15:50	Re-live surgery (How i do it), Posterior labral repair	Alexandre Hardy
15:50 - 16:20	Case discussion ACJ, Moderator	Bhuvan Machani & Fares Noor Uddin
	Panel: Hatem G. Said, Amr Elmaraghy, Kerem Bilsel Mohamed Sobhy	
16:20 - 16:40	Coffee Break	
16:40 - 17:30	**Session 4: Tendon tears around the shoulder**	
	Moderators: Amr Elmaragy & Haytham Elkhatib	
16:40 - 16:50	Massive trumatic cuff tear, Treatment and outcome	Usama H. Saleh
16:50 - 17:00	Pectoralis major tears, How I repair it ?	Ahmed Maher
17:00 - 17:10	Long head of biceps tears - how i manage according to tear location	Fares Noor Uddin
17:10 - 17:15	Q&A	
17:15	End of Day 1	



Agenda

Day 2 | Saturday, Oct 24, 2026 | Raffles Ballroom

Time	Activity	Faculty
07:30 - 08:00	Registration	
08:00 - 09:00	**Session 5: Updates on anterior shoulder instability 1**	
	Moderators: Raul Barco Laakso & Ahmed Azmy	
08:00 - 08:10	Long term results of isolated Bankart tear - should we still continue to do it ?	Fawaz Al-Fahad
08:10 - 08:20	What are the new options to augment your arthroscopic Bankart repair?	Ahmed Hany Khater
08:20 - 08:30	Is there still a role for Open Bankart repair in today's practice ?	Guido Fierro
08:30 - 08:40	New methods of measuring Hills Sachs lesions	Hasan Baydoun
08:40 - 08:50	The remplissage is a must for me	Diego Valdez
08:50 - 09:00	Q&A	
09:00 - 10:00	**Session 6: Updates of anterior shoulder instability 2**	
	Moderators: Guido Fierro & Hasan Baydoun	
09:00 - 09:10	How can I perform the open Latarjet without metal ?	Raul Barco Laakso
09:10 - 09:20	Arthroscopic Latarjet with Endobuttons - technique and results	Philippe Teissier
09:20 - 09:30	The distal tibial Allograft – long term results	Matthew Provencher
09:30 - 09:40	The arthroscopic metal free bone block procedure	Abdulillah Hachem
09:40 - 09:50	The arthroscopic iliac bone block procedure - the Jordanian experience	Ziyad EL-Qirem
09:50 - 10:00	Q&A	
	Industry Symposium 3 - Non-CME	Arthrex
10:00 - 10:20	CuffMend®: Redefining the Healing Potential of Rotator Cuff Repair	Fahad Abduljabbar
10:20 - 10:35	Coffee Break	
10:35 - 10:55	Special guest lecture: The Psychological aspect of patients undergoing shoulder surgery - a surgeon's persepctive	Alexandre Hardy
10:55 - 11:55	**Session 7: Updates of anterior shoulder instability 3**	
	Moderators: Olivier Verborgt & Usama Saleh	
10:55 - 11:05	The importance of the 7 O'clock portal in shoulder stabilization surgery	Ziyad El Qerm
11:05 - 11:15	Where to do the coracoid osteotomy in latarjet procedure	Ali Maqdes
11:15 - 11:25	Latarjet procedure after failed soft tissue procedures	Alexandre Hardy
11:25 - 11:35	Latarjet procedure in olympic athletes	Olivier Verbogt
11:35 - 11:45	Should we re-attach the pectoralis minor after Latarjet	Stefano Gumina
11:45 - 11:55	Q&A	
11:55 - 12:45	**Session 8: Updates of posterior shoulder instability**	
	Moderators: Olivier Verborgt & Samundeeswari Saseendar	
11:55 - 12:05	New classification and technique in posterior instability	Philipp Moroder
12:05 - 12:15	Posterior labral repairs – technical aspects	Ali Al Suwaidi
12:15 - 12:25	Posterior bone block – how to avoid failures	Abdulillah Hachem
12:25 - 12:35	Scapinelli and SCOPE procedures – when and how ?	Jean David Werthel
12:35 - 12:45	Q&A	
12:45 - 14:00	Lunch Break	
14:00 - 14:20	Live Surgery (Rotator cuff case)	Saeed Al Thani
14:20 - 14:30	re-live surgeries - how i do it	Fahad Abduljabbar
14:30 - 14:50	re-live surgeries - how i do it	Philippe Teissier
14:50 - 15:00	Q&A	
15:00 - 15:30	Case discussions - rotator cuff complex cases for discussion Panels: Saeed Al Thani - Roshan Wade - Mohammed ElKoheji	Mohammed Sobhy & Christian Lozano
	Industry Symposium 4 - Non-CME	ZIMMER BIOMET Moving You Forward.
15:30 - 15:50	Zimmer Biomet Institute® - Side Event: Adaptability and Personalized Solutions in Modern Shoulder	Olivier Verborgt Ali Maqdes
15:50 - 16:05	Coffee Break	
16:05 - 17:30	**Session 9: Guest Nation (India) Session**	
	Moderators: Stefano Gumina & Karthikraj Kuberakani	
16:05 - 16:15	Arthroscopic Muscle Advancement - 2 yrs outcomes	Ayyappan Nair
16:15 - 16:25	Rotator Cuff repair - Where are we progressing.?- Indian Journey	Roshan Wade
16:25 - 16:35	Role of Tendon transfers in RSA	Senthilvalan Rajagoapalan
16:35 - 16:45	Arthroscopic Bankarts- is it still the Standard / Real time indications and Tips	Samundeeswari Saseendar
16:45 - 16:55	Lower Trepezius Arthroscopic assisted transfer with Doubled Peroneus Longus" My technique and Experience	Karthikraj Kuberakani
16:55 - 17:05	Shoulder anterior instability- Indian perspective	Saseendar Shanmugasundaram
17:05 - 17:15	Q&A	
17:15 - 17:30	Case discussions	
17:30	End of Day 2	



Agenda

Day 3 | Sunday, Oct 25, 2026 | Raffles Ballroom

Time	Activity	Faculty
07:30 - 08:00	Registration	
08:00 - 09:00	**Session 10: Updates on partial rotator cuff tears**	
	Moderators: Mohammed Alkoheji & Ashraf Hantouly	
08:00 - 08:10	Biology of the rotator cuff - how can we improve it ?	Stefano Gumina
08:10 - 08:20	Complete or repair In situ	Kerem Bilsel
08:20 - 08:30	Patch augmentation in rotator cuff pathology	Karl Wieser
08:30 - 08:40	Understanding calcific rotator cuff tendinitis	Guido Fierro
08:40 - 08:50	Chronic rotator cuff tendinopathy - does physiotherapy work ?	Elena Silvestri
08:50 - 09:00	Q&A	
09:00 - 09:20	Special Guest Lecture: How to improve outcomes and avoid complications in shoulder arthroplasty: present and future	Olivier Verborgt
09:20 - 10:20	**Session 11: Updates on full thickness repairable rotator cuff tears**	
	Moderators: Jaber AlKhyeli & Karl Wieser	
09:20 - 09:30	Steps to improve healing potential in rotator cuff repairs	Ashraf Hantouly
09:30 - 09:40	Trans-osseus rotator cuff repair without anchors - how i perform it and why i like it	Mohamed Alkoheji
09:40 - 09:50	Cost effectiveness of patch augmentation in rotator cuff repair	Hasan Baydoun
09:50 - 10:00	Nutritional supplementation after rotator cuff repair - what is the evidence ?	Fares Noor Uddin
10:00 - 10:10	Rehabilitation after rotator cuff repair - A surgeon's perspective	Tjarco Alta
10:10 - 10:20	Q&A	
10:20 - 10:40	**Coffee Break**	
10:40 - 11:50	**Session 12: Updates on irreparable rotator cuff tears**	
	Moderators: Abdulaziz Ahmed & Saeed Al Thani	
10:40 - 10:50	When and why i still use the Balloon subacromial spacer	Loiy Alkhatib
10:50 - 11:00	Latissimus dorsi transfer - technique and long term results	Karl Wieser
11:00 - 11:10	Muscle advancement with lower trapezius reinforcement	Kerem Bilsel
11:10 - 11:20	Lower trapezius transfer as salvage procedure for ER lag	Raul Barco Laakso
11:20 - 11:40	Management of Irreparable RCT- What works and what does not	Usama Saleh
11:40 - 11:50	Q&A	
11:50 - 13:00	**Session 13: Updates on Scapulo-thoracic abnormal movement**	
	Moderators: Raul Barco Laakso & Hani Eltair	
11:50 -12:00	Pectoralis minor hyperactivity syndrome - diagnosis and treatment options	Ziyad El Qerm
12:00 - 12:10	Arthroscopic brachial plexus neurolysis - when and how	Ahmed Kandil
12:10 - 12:20	Cervical rib resection in cases of thoracic outlet syndrome	Thibault Lafosse
12:20 - 12:30	Scapulo thoracic abnormal motion (STAM) - step by step approach	Abdulaziz Ahmed
12:30 - 12:40	Scapulo thoracic fusion in FSHD	Saad Al Qahtani
12:40 - 12:50	Course of action in axillary nerve lesions following anterior shoulder dislocation	Thibault Lafosse
12:50 - 13:00	Q&A	
13:00 - 13:30	**Session 14: Updates on hemi arthroplasty**	
	Moderators: Olivier Verborgt & Mohammed Sobhy	
13:00 - 13:10	Tuberosity fixation techniques for complex proximal humeral fractures	Karl Wieser
13:10 - 13:20	Stemless Reverse arthroplasty	Raul Barco Laakso
13:20 - 13:30	Pyrocarbon hemiarthroplasty - indications and results	Abdulaziz Ahmed
13:30 - 14:30	**Lunch Break**	
14:30 - 15:30	**Session 15: Updates on total anatomic shoulder arthroplasty**	
	Moderators: Brad Schoch & Saad Alqahtani	
14:30 - 14:40	Long term results of stemless anatomic shoulder replacement	Olivier Verborgt
14:40 - 14:50	Newer designs of Inlay glenoids	Bradley Schoch
14:50 - 15:00	Hybrid glenoid with improved survival rates	Olivier Verborgt
15:00 - 15:10	Results of augmented anatomic implants in B2 glenoids	Raul Barco Laakso
15:10 - 15:20	Can we predict outcomes of shoulder arthroplasty from our patients demographics	Abdulaziz Ahmed
15:20 - 15:30	Q&A	
15:30 - 15:50	**Coffee Break**	
15:50 - 17:00	**Session 16: Updates on reverse shoulder arthroplasty**	
	Moderators: Kerem Bilsel & Amr Elmaragy	
15:50 - 16:00	Long term Clinical and radiological results of stemless reverse shoulder replacement	Philippe Teissier
16:00 - 16:10	Modern convertible short stem advantages	Ali Maqdes
16:10 - 16:20	Preoperative surgical planning - from acquisition to mplementation	Brad Schoch
16:20 - 16:30	How to achieve best range of motion in reverse shoulder arthroplasty	Ali Maqdes
16:30 - 16:40	Conduct to follow in painful reverse shoulder replacements	Kerem Bilsel
16:40 - 16:50	RSA for patients with Os acromiale - does it matter	Amr Elmaraghy
16:50 - 17:00	Q&A	
17:00 - 17:30	**Session 17: Updates on technology in shoulder arthroplasty**	
	Moderators: Abdulillah Hachem & Ziyad El Qerm	
17:00 - 17:20	Special Guest Lecture: How artificial intelligence helps predict patient outcomes after shoulder arthroplasty	Brad Schoch
17:20 - 17:30	Q&A	
17:30 - 17:40	**Closing Ceremony**	