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Agenda

MENA Advanced Shoulder Arthroscopy Course

06-07 February 2026

Acibadem University, CASE Istanbul,
Istanbul Türkiye

Course description

This advanced instructional course provides an in-depth, practical learning experience focused on the latest arthroscopic techniques for managing rotator cuff pathology and shoulder instability. Through expert-led case-based discussions, evidence-driven lectures, and immersive hands-on cadaveric labs, participants will refine their surgical skills, enhance their clinical decision-making, and gain confidence in performing complex shoulder procedures.

Chairperson



Dr. Philippe Landreau
Consultant Orthopaedic Surgeon
Mediclinic Park View Hospital
ISAKOS Member of Board of Directors
Dubai, United Arab Emirates

Faculty



Prof. Usama Saleh
Consultant Orthopaedic Surgeon,
Medcare Orthopedic & Spine Hospital Dubai
Associate Clinical Professor
University of Sharjah
United Arab Emirates



Dr. Raid Abutalib
Consultant Orthopedic Surgeon at
Prince Mohammed bin Abdul-Aziz
National Guard Hospital, Medinat



Dr. Hussain Algawahmed
Consultant Orthopedic Surgeon
Johns Hopkins Aramco Healthcare
Dhahran, Saudi Arabia



Dr. Azzam Fayyad
Consultant Orthopaedic Surgeon
Head of Department
Medcare Orthopedic & Spine Hospital
Dubai, United Arab Emirates



Prof. Sabri Mahjoub
MD, Associate Professeur
Chief of Shoulder and Upper Limb Unit,
Department of Orthopaedics,
Tunis Trauma Center University Hospital
Consultant Shoulder Surgeon,
Clinique Saint François, Châteauroux, France
Tunis, Tunisia



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Learning Objectives

By attending this course, participants will be able to:

- Identify and select optimal repair strategies for managing massive and revision rotator cuff tears.
- Apply open and arthroscopic solutions for treating shoulder instability associated with glenoid bone loss.
- Perform advanced rotator cuff repair and instability procedures through guided hands-on cadaveric training.
- Strengthen intraoperative decision-making using case-based scenarios and expert-led instruction.
- Integrate evidence-based techniques to enhance surgical precision and improve patient outcomes in complex shoulder cases.

Participant Profile

- Experienced Orthopaedic surgeons specializing in shoulder and sports medicine with 5+ years of independent practice.
- Surgeons seeking to advance their arthroscopic skills in complex rotator cuff repair, shoulder instability, and bone-loss reconstruction.
- Clinicians aiming to master advanced procedures such as revision rotator cuff repairs and tendon transfers.
- Orthopaedic professionals committed to enhancing surgical precision through hands-on cadaveric training and evidence-based instruction.

Accreditation

Accredited by the Royal College of Surgeons of England with 12CPD points.



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Day 01 – 06 February 2026

Morning Session

Time	Min	Topic	Speaker
8:00 - 8:15	15	Meet at the hotel lobby for transfer to course venue	All
8:15 - 8:25	10	Registration	S+N
8:25 - 8:30	5	Welcome / Housekeeping	S+N
8:30 - 8:35	5	Course Introduction & Overview	Dr. Philippe Landreau
8:35 - 8:50	15	1# Bankart Repair: Indications, anchor placement strategy & tips to avoid recurrence	Dr. Azzam Fayyad
8:50 - 8:55	5	Q&A	
8:55 - 9:10	15	2# Glenoid Bone Loss & Bony Bankart Quantification tools (Pico, BEST), decision-making, technique	Dr. Usama Saleh
9:10 - 9:15	5	Q&A	
9:15 - 9:30	15	3# Hill-Sachs Management & Remplissage On-track/off-track concept integrated into surgical planning, technique	Dr. Hussain Algawahmed
9:30 - 9:35	5	Q&A	
9:35 - 9:50	15	4# Mini-open Latarjet Pearls & pitfalls, complications prevention, S&N solutions	Dr. Philippe Landreau
9:50 - 9:55	5	Q&A	
9:55 - 10:10	15	Coffee Break	
10:10 - 12:00	110	Cadaveric Lab #1 – Arthroscopic Bankart & SLAP Repair	All
12:00 - 13:00	60	Lunch	

Afternoon Session

Time	Min	Topic	Speaker
13:00 - 13:15	15	5# Arthroscopic Latarjet Pearls & pitfalls, complications prevention, S&N solutions	Dr. Usama Saleh
13:15 - 13:20	5	Q&A	
13:20 - 13:35	15	6# Bone Block Techniques (Eden-Hybinette, Distal Tibial Graft) Indications, technique.	Dr. Raid Abutalib
13:35 - 13:40	5	Q&A	
13:40 - 13:55	15	7# Posterior Instability Diagnosis traps, arthroscopic capsule-labral management, Posterior bone block	Prof. Sabri Mahjoub
13:55 - 14:00	5	Q&A	
14:00 - 14:15	15	8# Multidirectional Instability (MDI) Patient selection, rehab vs surgery, arthroscopic capsular shift	Dr. Philippe Landreau
14:15 - 14:20	5	Q&A	
14:20 - 14:35	15	Coffee Break	
14:35 - 16:25	110	Cadaveric Lab #2 – Arthroscopic Posterior Instability	All
16:25 - 16:30	5	9A- HAGL lesion	Dr. Hussain Algawahmed
16:30 - 16:35	5	9B- DAS	Dr. Azzam Fayyad
16:35 - 16:40	5	9C- Floating posterior capsule injury	Dr. Azzam Fayyad
16:40 - 16:45	5	9D- Subscapularis augmentation	Dr. Hussain Algawahmed
16:45 - 16:50	5	9E- Failed Bankart	Dr. Raid Abutalib
16:50 - 16:55	5	9F- Failed Latarjet	Dr. Philippe Landreau
16:55 - 17:00	5	Q&A – End of Day 1	
19:00 onwards		Course dinner - meet at the hotel lobby for dinner transfer	

Day 02 – 07 February 2026

Morning Session

Time	Min	Topic	Speaker
8:00 - 8:15	15	Meet at the hotel lobby for transfer to course venue	
8:15 - 8:25	10	Wrap of day #1	Dr. Philippe Landreau
8:25 - 8:40	15	10# Partial-Thickness Tears: superficial, intra, PASTA When to debride, when to convert, when and how to repair.	Prof. Sabri Mahjoub
8:40 - 8:45	5	Q&A	
8:45 - 9:00	15	11# Standard Full-Thickness Supraspinatus Tear Repair configuration & optimization of footprint restoration.	Dr. Raid Abutalib
9:00 - 9:05	5	Q&A	
9:05 - 9:20	15	12# Cuff repair with Regeneten Technique step by step	Dr. Azzam Fayyad
9:20 - 9:25	5	Q&A	
9:25 - 9:40	15	13# Large & Retracted Tears Mobilization strategy, interval, slide, tension assessment, partial repair.	Dr. Usama Saleh
9:40 - 9:45	5	Q&A	
9:45 - 10:00	15	14# Biceps Augmented Cuff Repair When, How?	Dr. Philippe Landreau
10:00 - 10:05	5	Q&A	
10:05 - 10:20	15	15# Subscapularis Tear Classification, repair technique, anchor positioning specifics.	Dr. Hussain Algawahmed
10:20 - 10:25	5	Q&A	
10:25 - 10:40	15	Coffee Break	
10:40 - 12:20	100	Cadaveric Lab #3 – Arthroscopic RCR & Regeneten	All
12:20 - 13:20	60	Lunch	

Afternoon Session

Time	Min	Topic	Speaker
13:20 - 13:35	15	16# Biceps Pathology (SLAP / Tenodesis) Updated Treatment Strategies and Technical Pearls	Prof. Sabri Mahjoub
13:35 - 13:40	5	Q&A	
13:40 - 13:55	15	17# Massive Irreparable Tear SCR (fascia Lata & biceps), Tendon transfers – Technique and how to choose.	Dr. Raid Abutalib
13:55 - 14:00	5	Q&A	
14:00 - 14:15	15	Coffee Break	
14:15 - 15:55	100	Cadaveric Lab #4 – Massive Irreparable tear	All
15:55 - 16:00	5	18A- AC joint resection	Dr. Azzam Fayyad
16:00 - 16:05	5	18B- Muscle sliding technique	Dr. Raid Abutalib
16:05 - 16:10	5	18C- Ballon spacer	Dr. Usama Saleh
16:10 - 16:15	5	19D- Lower Trapezius transfer	Dr. Hussain Algawahmed
16:15 - 16:20	5	18E- Latissimus dorsi transfer	Prof. Sabri Mahjoub
16:20 - 16:25	5	18F- Latissimus dorsi and Pectoralis for irreparable subscapularis	Dr. Philippe Landreau
16:25 - 16:35	10	Closing Remarks, Q&A	Dr. Philippe Landreau
16:35 - 16:40	5	Course Evaluation / Course Adjourn	

Course venue

Center of Advanced Simulation and Education (CASE)

Acibadem University,
Istanbul, Türkiye

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Course dinner

Medeniyetler Sofrası - Al Madina Restaurant

Katip Mustafa Çelebi, İstiklal Cd. No: 39, 34433
Beyoğlu/İstanbul, Türkiye

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Organization and Registration

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Logistic arrangements

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